



People Now In Action



April 2013 Edition
PNIA Newsletter

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Send correspondence to:
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501-(C)3 Non-Profit Organization

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This Newsletter is published as a service to the PNIA members. All opinions and statements appearing within the Newsletter are those of the writers and are in no way to be construed as statements by PNIA or its officers. We encourage every member to participate in writing articles. Please write them in WORD document and email them to: pnia@hotmail.com.

~EVENTS SCHEDULES~

[Click here](#) for schedules of events, meetings and activities.

~REMINDER~

Please continue to bring non-perishable food items for the food bank, and warm jackets and blankets for the homeless whenever you come to the PNIA Center



The Vice President's Corner

The past four weeks has been another busy time for PNIA members. On March 26, our organization was asked to assist with the Outreach Program sponsored by the Naval Base Kitsap Chaplain's Office honoring and reaching out to the men and women who serve our country. On March 26, 12 of our members served free lunch at the Trident Training Facility (TTF) at Submarine Base Bangor for approximately 350 civilian and military personnel. Menu was pizza, hamburgers, hotdogs, chips and dessert. On April 10, PNIA members again served free lunch to over 300 personnel from the security department, NCIS and Coast Guard at Submarine Base Bangor. A tent was set up in front of Building 1200 and in spite of the drizzle, it was well attended and like the outreach held at TTF, everyone enjoyed the food and socializing with others. The smiles and thank you from those who attended, especially the young sailors was

such a joy to all the volunteers. Our next participation in Outreach will be on April 16 at the Trident Refit Facility. I know from experience the feeling of being away from home, family and friends when I was still in active service. Retired members of PNIA and their families have also been so willing to give their time to reach out and show our troops how much we appreciate what they do for our freedom. I would like to thank the following PNIA volunteers: **Roy Padaca, Dave and Pat Allfrey, Mel and Cindy Angeles, Conrad and Virgie Echon and their granddaughter Katrina, Leo and Aida Monis, Quintin Mugas, Roy Padaca, and Charlie Romine.**

Last Saturday was our first highway clean-up for the year. PNIA has been an active participant in the Washington State Department of Transportation Adopt-A-Highway program since 2003. This is another one of our worthwhile involvement

with our community. Thanks to our volunteers **Mel Angeles, Buddy Calfy, Roy Padaca, Zaldy Quilpa, Richard (Sal) Salvino and Charlie Romine.**

Our participation in distributing Panera end-of day bread to Non-profit Organizations in Kitsap County has been very successful. Recipients of the bakery goods in our community are Silverdale Food Bank, St. Vincent de Paul in Bremerton, Benedict House, Salvation Army, Georgia House, Bremerton Food Bank, Port Orchard Food Bank and Fish Line in Poulsbo. It is so great that PNIA is able to help in this project especially these difficult times when there are so many among us who are out of work.

Preparations for our annual Fiesta Ilocandia are in progress and going very smoothly thanks to **Dave Allfrey**, the event coordinator. Because food will be catered, he will

need a good count of confirmed tickets by next Saturday. There will be another meeting this coming Saturday to finalize our plans. All committee members are requested to be present.

Our club president **Rudy Nartea** and our lovely first lady **Tita** will be back home sometime this week. They have been away for several weeks visiting family and friends across the U.S. We wish them a safe trip back home. Our Saturday socials

have not been as much fun when they are away. Everyone in the club sure misses them.

Bob Meria

Celebrations

Members who are celebrating their birthdays in April – **HAPPY BIRTHDAY!**



*Candy Abraham, George Agustin
Jean Agustin, Gary Campisi
Hermi Cu, Gloria Goertzen
Russel Gonzales, Jack Gourlie
Jun Gundran, Elmer Nagma
Margaret Nartea, Rey Pena
John Seay, Henry Smith*

Members who are celebrating their wedding anniversaries in April – **CONGRATULATIONS!**



*Susie and Bob Meria
Andrea and Rogelio Padaca*

Fiesta Ilocandia 2013

This year's Fiesta Ilocandia is on **Saturday, April 27st**, 5:00 -11:00 PM at the PNIA Multi-Cultural Center Center. The overall coordinator is **Dave Allfrey**. Ticket prices are \$30.00 for general admission, \$15.00 for children 10-

15 years old and “**by donation**” for children under 9 years old. If you need tickets contact Dave or **Tita Nartea**. The food will be catered and desserts will be donated by the general membership.

Advertisement material for the Souvenir Program must be turned in to Andrea Padaca no later than April 18.



The Pacific Northwest Ilocandia Association

proudly presents

FIESTA ILOCANDIA 2013

Saturday, April 27, 2013, 5:00 - 11:00 PM at the PNIA Multi-Cultural Center
1403 Sidney Ave, Port Orchard, WA 98366

Donation: \$30.00 (General) \$15.00 (10 - 15 Years Old)
9 Years Old & Under - By Donation



PNIA'S own songstress Cindy Angeles sang the popular Philippine love song, "Gaano Ko Ikaw Kamahal" ("How Much I Love You").



Lawiswis Kawayan (which means, the hissing sound of the wind in the bamboo) dance is a folk dance that is popular in the islands of Kolmbugan, Lanao, Samar and Leyte. There are six versions of this dance. The one shown is a version performed with female dancers holding branches of the "kalipayan" bush and swayed in time to the music.



The tinkling dance is one of the most popular and well known traditional dances in the Philippines. The dance imitates the movement of the tikling birds as they walk between grass stems, run over tree branches, or dodge bamboo traps set by rice farmers. Dancers imitate the tikling bird's legendary grace and speed by skillfully maneuvering between large bamboo poles.

Fiesta Ilocandia is the main fund raising event of PNIA. The support of the community has been instrumental to the success of the organization. We need your continued support to further our vision to a brighter future through community service. Above were the entertainments performed during the Fiesta Ilocandia 2012. So please come and join us for a great dinner, fun and entertainment. Mark your calendar. For more information call 360-871-2019 or email: pnia@hotmail.com.



[Sewing Forum Goes Designer Style!](#)

By Jeanne Quindag-Raffels

Our fashion-forward students welcome spring with designer-style purses and totes! This month, we challenged ourselves with gorgeous fabrics, new techniques (i.e. easy zipper insertion) and more advanced patterns. Others went a step further by redesigning the patterns to meet their needs, free-motion quilting and exploring other embellishments (i.e. crocheted flowers, metallic threads). They were so motivated that they asked for second class the following Saturday. They worked hard and

everyone left with finished products with a tremendous sense of accomplishment.

Mel Angeles, Quentin Mugas and Roy Padaca helped set up and take down our classroom. Even more important, they prepared our lunch, offered snacks and cleaned up. It was truly a group effort! The best part was the camaraderie and stories.

We made the "Towne Purse" by Lazy Girl Designs, which is available online or at our local fabric

stores. The stylish purse features nine internal pockets and one exterior pocket, which can hold cell phones, pens, sunglasses, and other personal items. The zipper was inserted using the "Lazy Girl's No Fear technique." We may repeat this class or explore another purse pattern by the same designer.

For our next class project, we chose to re-design the Basic Tote pattern by Pacific Fabrics into a reversible tote with patch pockets in cotton and

even decorator fabrics. Again, they were exceptional!

If you wish to fine-tune your sewing skills and work with others, the Sewing Forum is for you! Together, we support each other and have a lot of fun. Our motto: maintain a positive attitude and you will

succeed! Through our projects, you gain self-confidence and personal pride! We work together to overcome any challenges you have along the way. The only requirement is that you familiarize yourself with your sewing machine, whether through dealer classes or your

manuals. When you want to attend a class, RSVP via email and a supply list will be sent to you. So, join us! Send me an email at pniaboutique@yahoo.com. Happy sewing!

Sewing Forum Class, April 2013



Sewing Forum Class. From left - Sally McCluskey, Sharon McCluskey, Necie Quilpa, Cindy Angeles, Jeanne Raffels, Andrea Padaca



Aida Monis in action



Aida & Jeanne



"Free Style" Sewing. From left - Cindy, Necie, Jeanne, Lolita Calfy, Aida & Andrea



Sally, Sharon and Aida in action



Sally and Sharon



Necie in action

[PNIA Boutique at the Fiesta Ilocandia Celebration](#)

By Jeanne Quindag-Raffels

Stop by our PNIA Boutique during our upcoming Fiesta Ilocandia Celebration to appreciate one-of-a-kind beautiful creations. Our artisans donate their talent, expertise



and precious time in designing treasured items for you, your family and friends. Proceeds go towards our organization in supporting the community. In addition, with your purchases and input, it will provide the boutique with ideas to meet your future needs.

On that note, I encourage artisans to highlight your “passion” with

knitting, crocheting, sewing, quilting, jewelry-making, woodworking, jewelry-making, etc. by sharing your creations to sell at the PNIA Boutique. Contact me at pniaaboutique@yahoo.com with your intentions. All articles are due by noon on Friday, 26 APR, at the PNIA Center. Be assured that all unsold items will be returned to you. And, as always, thank you for your continued support of the organization.



[What is a Living Will?](#)

By Rebecca Berlin at www.alllaw.com

A living will is a legal document that a person uses to make known his or her wishes regarding life prolonging medical treatments. It can also be referred to as an advance directive, health care directive, or a physician's directive. A living will should not be confused with a living trust, which is a mechanism for holding and distributing a person's assets to avoid probate. It is important to have a living will as it informs your health care providers and your family about your desires for

medical treatment in the event you are not able to speak for yourself.

The requirements for a living will vary by state so you may want to have a lawyer prepare your living will. Many lawyers who practice in the area of estate planning include a living will and a health care power of attorney in their package of estate planning documents. If you need to write or update a will or trust, you can take care of your living will at the same time.

Generally, a living will describes certain life prolonging treatments. You, the declarant, indicate which treatments you do or do not want applied to you in the event you either suffer from a terminal illness or are in a permanent vegetative state. A living will does not become effective unless you are incapacitated; until then you'll be able to say what treatments you do or don't want.

They usually require a certification by your doctor and another doctor

that you are either suffering from a terminal illness or permanently unconscious before they become effective as well. This means that if you suffer a heart attack, for example, but otherwise do not have any terminal illness and are not permanently unconscious, a living will does not have any effect. You would still be resuscitated, even if you had a living will indicating that you don't want life prolonging procedures. A living will is only used when your ultimate recovery is hopeless.

For situations where you are incapacitated and therefore not able

to speak for yourself, but your health is not so dire that your living will becomes effective, you should have a health care power of attorney or health care proxy. A health care power of attorney is a legal document that gives someone else the authority to make health care decisions for you in the event you are incapacitated. The person you designate to make health care decisions on your behalf is supposed to consider what you would want, so be sure to talk with them about it. It may be a difficult conversation, but you're asking someone to take on a great burden

for you - letting him or her know what you want lessens that burden.

None of these documents will do you any good if no one knows about them. You have to talk with your doctor and the person you designate as your health care proxy. Discuss with your doctor what kinds of end of life medical treatments you want. He or she can help you by answering any questions you have about certain treatments. Once you've decided what it is you do or don't want, make your wishes known to your doctor and your family.

Life Needs a Little Laughter

The Hotel Bill

An older lady decided to give herself a big treat for her 70th birthday by staying overnight in a really nice hotel. When she checked out the next morning, the desk clerk handed her a bill for \$250.00. She demanded to know why the charge was so high. "I agree it's a nice hotel, but the rooms aren't worth \$250.00 for just an overnight stay! I didn't even have breakfast."

The clerk told her that \$250.00 is the 'standard rate', and breakfast had been included had she wanted it. She insisted on speaking to the Manager.

The Manager appeared and, forewarned by the desk clerk, announced: "This hotel has an Olympic-sized pool and a huge conference center which are available for use."

"But I didn't use them," she said.

"Well, they are here, and you could have," explained the Manager.

He went on to explain that she could also have seen one of the in-hotel shows for which they were so famous. "We have the best entertainers from the world over performing here," the Manager said. "But I didn't go to any of those shows," she said.

"Well, we have them, and you could have," the Manager replied.

No matter what amenity the Manager mentioned, she replied, "But I didn't use it!" and the Manager countered with his standard response.

After several minutes of discussion, and with the Manager still unmoved, she decided to pay, wrote a check and gave it to him.

The Manager was surprised when he looked at the check. "But madam, this check is for \$50.00."

"That's correct I charged you \$200.00 for sleeping with me," she replied.

"But I didn't!" exclaimed the very surprised Manager.

"Well, too bad, I was here, and you could have."

Don't mess with Senior Citizens